



Natasha Hund

Play Specialist/Counsellor

[www.lifespirls.com.au](http://www.lifespirls.com.au)

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#### CHILD DEVELOPMENT AND PARENTING SUPPORT:

Smalltalk Supported Playgroup Facilitator Training (Parenting Research Centre)

Parent-Child Mother Goose Facilitator Training, Level 1 (Parent-Child Mother Goose Australia)

Circle of Security Parenting Facilitator (COS International)

MERTIL (My Early Relational Trauma Informed Learning)

Bringing Up Great Kids in the First 1000 Days (Australian Childhood Foundation)

Playworker Development Course (Pop Up Adventure Playground)

#### CONSENT AND TOUCH:

Certified Cuddle Event Leader (Cuddle Sanctuary)

Like A Pro: the Wheel of Consent for Professionals (School of Consent)

#### CREATIVE ARTS AND WELLBEING:

Certificate of Nature Pedagogy (MindStretchers)

Certificate in Initiatic Art Therapy (School for Initiatic Art Therapy)

Certificate in the Clay Field Therapy (Institute for Sensorimotor Art Therapy)

Certificate in Sandplay Therapy and Symbol Work (Expressive Therapies Institute)

Mandala Magic Train the Trainer (Mandala Magic)

Touch Drawing Facilitator (Centre for Touch Drawing)

#### MEDITATION:

Therapeutic Meditation Training Program (Insight Health Services, Dr Ian Gawler & Br Phap Lu)

Mindfulness Meditation Training for Health Professionals (The Gawler Foundation, Dr Craig Hassed)

Creative Approaches to Mindfulness for Children (Meditation Capsules)

Peaceful Kids Facilitator (Peaceful Kids)